

Gainesville City Schools-School Nutrition Program-February 2010

*Breakfast is FREE for all students daily

*Elementary Students are given a choice of the lunch entrée or PB&J or grilled cheese sandwich daily.

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2/1-5, 2010	Cereal & Toast Assorted Fruit Juice Low-fat Milk Choice	Blueberry Muffin Fruit Cocktail Low-fat Milk Choice	Maple Waffle Pears Low-fat Milk Choice	Ham Biscuit Orange Juice Low-fat Milk Choice	Whole Wheat Breakfast Bun Applesauce Low-fat Milk Choice
	Hamburger Field peas Baked Curly Fries Lettuce, Tomato, Dills Fresh Seasonal Fruit Low-fat Milk Choice	Chef Salad With Ham or Turkey Golden Corn Peaches Whole Wheat Roll Low-fat Milk Choice	Burrito Black Beans Corn on Cob Mixed Veggies Juice Bar Low-fat Milk Choice	Chicken & Rice Seasoned Carrots Spinach Salad Tropical Fruit Wheat Garlic Toast Low-fat Milk Choice	Corndog Oven Fries Baked Beans Cole Slaw Applesauce Low-fat Milk Choice
2/8-12, 2010	Cereal & Toast Orange Juice Low-fat Milk Choice	Pancake on a Stick Fresh Fruit Low-fat Milk Choice	Bagelers Applesauce Low-fat Milk Choice	Biscuit & Sc. Eggs Peaches Low-fat Milk Choice	Yogurt & Cereal Bar Petite Bananas Low-fat Milk Choice
	Pepperoni Pizza Corn Pasta Salad Mixed Veggies Oranges Low-Fat Milk Choices	Ham & Cheese Melt Tri Tots Black Eyed Peas Garden Salad Fresh Seasonal Fruit Low-fat Milk Choice	Chili Seasoned Carrots Spinach Salad Baked Apples Baked Scoops Low-fat Milk Choice	BBQ Sandwich Potato Smiles Breaded Okra Lima Beans Sherbet Low-fat Milk Choice	Peanut Butter & Jelly Sandwich Carrot Sticks Pretzel or Baked Chips Fresh Fruit Baked Cookie Low-fat Milk Choice
2/15-19, 2010	Cereal & Toast Apple juice Low-fat Milk Choice	Scrambled Eggs & Toast Orange Juice Low-fat Milk Choice	Chicken Biscuit Applesauce Low-fat Milk Choice	Whole Wheat Breakfast Bun Fresh Apple Low-fat Milk Choice	Bagelers Applesauce Low-fat Milk Choice
	Mexican Beefy Macaroni Seasoned Black Beans Tossed Salad Fresh Apple Whole Wheat Roll Low-fat Milk Choice	Hotdog Smiley Fries Coleslaw Baked Beans Mandarin Oranges Low-fat Milk Choice	Chicken Nuggets Whipped Potatoes Green Beans Black-eyed peas Peaches Whole Wheat Roll Low-fat Milk Choice	Spaghetti w/ Meat Sauce Broccoli Salad Fresh Baby Carrots Garden Peas Chilled Blueberries Whole Wheat Garlic Toast Low-fat Milk Choice	Cheese Pizza Fresh Cucumber Slices/Dip Whole Kernel Corn Caribbean Veggies Fruit Cocktail Low-fat Milk Choice
2/22-26, 2010	Cereal & Toast Grape Juice Low-fat Milk Choice	Cheese Toast & Grits Apricots Low-fat Milk Choice	Cheddar Omelet & Toast Pears Low-fat Milk Choice	Oatmeal & Cinnamon Toast Raisins Low-fat Milk Choice	Breakfast Pizza Tropical Fruit Low-fat Milk Choice
	Chicken Sandwich Sweet Potato Patty Mixed Veggies Confetti Salad Italian Ice Low-fat Milk Choice	Oven Fried Chicken Small Potatoes Green Beans Field Peas Chilled Blueberries Cornbread Low-fat Milk Choice	Beefy Nachos & Cheese Tossed Salad Corn on the Cob Salsa/Sour Cream Seasoned Pintos Grapes Low-fat Milk Choice	Ham & Baked Potato Steamed Broccoli Macaroni & Cheese Chilled Apricots Whole Grain Toast Low-fat Milk Choice	Fish Sandwich Coleslaw Baked Sweet Potato Fries Lima Beans Pineapple Tidbits Low-fat Milk Choice

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