

Gainesville City Schools

All Grains Served are Whole Grains
 Menu based on 6-8 meal pattern
Vegetable Subgroups:
 Orange = Red/Orange
 Green = Dark Green
 Red = Starch
 Blue = Legumes
 Purple = Other Vegetable

Seamless Summer Option

June 5th-30th, 2017



Adult Breakfast: \$1.50
 Adult Lunch: \$2.75
 All Children Under 18 Eat at No Cost

Assorted fat-free or low-fat milk is offered at breakfast & lunch. Extra milk is \$0.35.

*Menu subject to change due to market conditions, delivery, food availability, & school activities.

MENU REPEATS EACH WEEK

| Monday | Tuesday | Wednesday | Thursday |
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| Cheeseburger with BBQ Chips Coleslaw 1/2c Baked Beans 1/2c Fancy Greens Salad 1c Ranch 1oz Fruit Choice 1/2c Breakfast Grab and Go Cereal Kit Fresh Fruit 1ea | Chicken Nuggets (6) - Garlic Toast Green Beans 1/2c Whipped Potatoes 1/2c Spinach & Arugula Salad 1c Ranch 1oz Fruit Choice 1/2c Breakfast Breakfast Bar Fruit Juice 4oz Fresh Fruit 1ea | Mozzarella Stuffed Breadsticks (2) Marinara Dunk Cup Cheesy Broccoli 1/2c Corn 1/2c Italian Salad 1c Fruit Choice 1/2c Breakfast Grab and Go Cereal Kit Fresh Fruit 1ea | Chicken Sandwich French Fries 1/2c Carrot Sticks 1/2c Pinto Beans 1/2c Lettuce & Tomato 1c Fruit Choice 1/2c Breakfast Breakfast Bun Fruit Juice 4oz Fresh Fruit 1ea |



This institution is an equal opportunity provider.