

Gainesville City Schools

All Children Under 18 Eat at No Cost

Adult Breakfast: \$1.50

Adult Lunch: \$2.75

Extra milk is \$0.35

Menu based on 6-8 meal pattern

All grains offered are whole grains

Assorted fat-free or low-fat milk is offered

Seamless Summer Menu June 4th – 28th, 2018



Vegetable Subgroups:

Orange = Red/Orange

Green = Dark Green

Red = Starch

Blue = Legumes

Purple = Other Vegetable

Monday	Tuesday	Wednesday	Thursday
Poptart and Cheese Stick Grab and Go Breakfast Kit Mandarin Oranges 1/2c Fresh Fruit 1 ea	Breakfast Bun Grab and Go Breakfast Kit Pineapple 1/2c Fresh Fruit 1ea	Cereal Bar and Cheese Crackers Grab and Go Breakfast Kit Peaches 1/2c Fresh Fruit 1 ea	Mini Strawberry Bagels Grab and Go Breakfast Kit Mixed Fruit 1/2c Fresh Fruit 1ea
Chicken Sandwich Green Beans 1/2c Whipped Potatoes 1/2c Celery Sticks 1/2c Fresh Fruit 1 ea Fruit Juice 4oz	Hotdog and Chips Baked Beans 1/2c Coleslaw 1/2c Carrot Sticks 1/2c Fresh Fruit 1 ea Fruit Juice 4oz	Pepperoni Pizza Parmesan Broccoli 1/2c Corn 1/2c Carrot Sticks 1/2c Fresh Fruit 1 ea Fruit Juice 4oz	*Peanut Butter & Jelly Sandwich Tortilla Chips & Salsa Veggie Juice 4oz Carrot Sticks 1/2c Fresh Fruit , up to 2 each <i>*Soybutter available, request by 9:00am</i>

MENU REPEATS EACH WEEK

Menu subject to change due to market conditions, delivery, food availability, & school activities. All meals must be consumed onsite.

