

GAINESVILLE CITY ELEMENTARY SCHOOL MENU

MAY 2019

Adult Breakfast: \$2.00
 Adult Lunch: \$3.50
 Students Eat at No Cost
 Extra milk is \$0.35

Assorted fat-free or low-fat milk is offered at breakfast & lunch.

*Menu subject to change due to market conditions, delivery, food availability, & school activities

Monday	Tuesday	Wednesday	Thursday	Friday
29	30	1	2	3 School Lunch Hero Day
		Mini French Toast <i>with Syrup</i> Cereal Choices Fruit Juice 4oz Pears 1/2c	Ham Biscuit Cereal Choices Fresh Fruit 1ea Pineapple 1/2c	Dutch Waffle Cereal Choices Fruit Juice 4oz Spiced Apples 2/3c
		Breaded Drumstick <i>with 1oz Roll</i> Munchable Green Beans 1/2c Sweet Potatoes 1/2c Super Spinach Salad 1c Ranch 1oz Peaches 1/2c	Crunchy Chicken Tacos Sour Cream & Salsa PBJ & Cheese Stick Corn 1/2c Pinto Beans 1/2c Lettuce & Tomato 1c Fruit Juice 4oz	Cheeseburger Veggie Burger Baked Beans 1/2c Oven Fries 1/2c Lettuce & Tomato 1c Fresh Fruit 1 ea Yogurt
6	7	8	9	10
Muffin & Yogurt Cereal Choices Fruit Juice 4oz Banana 1 ea	Pancake-Sausage Stick <i>with Syrup</i> Cereal Choices Fresh Fruit 1 ea Fruit Cocktail 1/2c	Chicken Biscuit Cereal Choices Fruit Juice 4oz Pears 1/2c	Mini Bagels Cereal Choices Fresh Fruit 1 ea Mandarin Oranges 1/2c	Breakfast Pizza Cereal Choices Fruit Juice 4oz Strawberries 1/2c
Chicken Sandwich Munchable Potato Smiles 6ea Green Beans 1/2c Romaine Salad 1c Italian 1oz Applesauce Cup	Pepperoni Hot Pocket <i>Marinara Dunk Cup</i> PBJ & Chips Parmesan Broccoli 1/2c Carrot Sticks 1/2c Italian Salad 1c Pineapple 1/2c	Mac and Cheese <i>with Garlic Bread</i> Munchable Sweet Potatoes 1/2c Collard Greens 1/2c Garden Salad 1c Ranch 1oz Peaches 1/2c	Beefy Nachos Sour Cream & Salsa PBJ & Cheese Stick Corn 1/2c Refried Beans 1/2c Lettuce & Tomato 1c Fruit Juice 4oz	Hotdog & Chips Grilled Cheese & Yogurt Coleslaw 1/2c Baked Beans 1/2c Fancy Greens Salad 1c Ranch 1oz Fresh Fruit 1 ea Whole Grain Dessert
13	14	15	16	17
Cereal Bar & Cheese Cubes Cereal Choices Fruit Juice 4oz Banana 1 ea	Chicken Biscuit Cereal Choices Fresh Fruit 1 ea Tropical Fruit 1/2c	Mini Waffles <i>with Syrup</i> Cereal Choices Fruit Juice 4oz Pears 1/2c	Steak Biscuit Cereal Choices Fresh Fruit 1 ea Mandarin Oranges 1/2c	French Toast Sticks <i>with Syrup</i> Cereal Choices Fruit Juice 4oz Strawberries 1/2c
Chicken Nuggets (5) <i>with 1oz Roll</i> Grilled Cheese & Yogurt Steamed Squash 1/2c Whipped Potatoes 1/2c Garden Salad 1c Ranch 1oz Applesauce Cup	Cheese Pizza PBJ & Chips Steamed Broccoli 1/2c Corn 1/2c Carrot Sticks 1/2c Pineapple 1/2c	Breaded Drumstick <i>with 1oz Roll</i> Munchable Green Beans 1/2c Sweet Potatoes 1/2c Super Spinach Salad 1c Ranch 1oz Peaches 1/2c	Chicken Nachos Sour Cream & Salsa PBJ & Cheese Stick Black Beans 1/2c Corn 1/2c Lettuce & Tomato 1c Fruit Juice 4oz	Cheeseburger Veggie Burger Baked Beans 1/2c Jumbo Tots 2ea Butter Lettuce Salad 1c Balsamic 1oz Fresh Fruit 1 ea Yogurt
20	21	22 1 Lunch Choice	23 1 Lunch Choice	24 Lunch to Go
Breakfast Bun Cereal Choices Fruit Juice 4oz Fresh Fruit 1 ea	Manager's Choice Biscuit Cereal Choices Fresh Fruit 1 ea Fruit Cocktail 1/2c	Manager's Choice Cereal Choices Fresh Fruit 1ea Tropical Fruit 1/2c	Manager's Choice Cereal Choices Fruit Juice 4oz Pears 1/2c	Manager's Choice Cereal Choices Fruit Juice 4oz Manager's Choice Fruit 1/2c or 1ea
Asian Chicken Nuggets Munchable Mixed Veggies 1/2c Carrot Salad 1/2c Celery Sticks 1/2c Mandarin Oranges 1/2c	Pepperoni Pizza PBJ & Cheese Stick Steamed Broccoli 1/2c Corn 1/2c Italian Salad 1c Pineapple 1/2c	Chicken Sandwich Green Beans 1/2c Sweet Potatoes 1/2c Romaine Salad 1c Italian 1oz Fruit Juice 4oz	Corndog Baked Beans 1/2c Potato Fries 1/2c Cheesy Broccoli 1/2c Manager's Choice Fruit 1/2c or 1ea	PB&J Sandwich Soybutter Sandwich Includes: Tortilla Chips Salsa Dunk Cup Veggie Juice 4oz Fruit Cup Have a great summer!

Q: Why shouldn't you tell a secret on a farm? A: Because the potatoes have eyes and the corn has ears!

Sack lunches are for field trips only. They include a peanut butter & jelly sandwich, fruit, vegetable, and milk. If your child has a peanut allergy, soy butter is available upon request. Let your child's teacher know to request the soy butter sandwich (peanut free, but contains milk, wheat, and soy). Grab and go breakfast jumpstarts are available regularly as an alternative breakfast to be eaten in the classroom. It contains cereal, graham crackers, and juice. Milk and fruit are available. *Munchable contains RF cheese cubes, sunflower seeds, crackers, & munchie mix