

GAINESVILLE CITY SCHOOLS

Elementary May 2017



Adult Breakfast: \$1.50
 Adult Lunch: \$2.75
 All Students Eat at No Cost
 Extra milk is \$0.35

Assorted fat-free or low-fat milk is offered at breakfast & lunch.

*Menu subject to change due to market conditions, delivery, food availability, & school activities

Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5
Breakfast Bun Cereal with Grahams Cereal & Cereal Fruit Juice 4oz Banana 1 ea	Blueberry Pancakes and Syrup Cereal with Grahams Cereal & Cereal Fresh Fruit 1 ea Fruit Cocktail 1/2c	Chicken Biscuit Cereal with Grahams Cereal & Cereal Fruit Juice 4oz Pears 1/2c	Muffin Top or Loaf and Yogurt Cereal with Grahams Cereal & Cereal Fresh Fruit 1ea Sliced Apples 1/2c	Breakfast Pizza Cereal with Grahams Cereal & Cereal Fruit Juice 4oz Strawberries 1/2c
Chicken Sandwich Cheese Plate* Steamed Broccoli 1/2c Potato Smiles 6ea Carrot Sticks 1/2c Lettuce & Tomato 1c Peaches 1/2c	Cheeseburger PBJ & Popchips Baked Beans 1/2c French Fries 1/2c Fancy Greens Salad 1c Ranch 1oz Fruit Juice 4oz	Spaghetti with 1oz Roll Grilled Cheese & Yogurt Cheesy Broccoli 1/2c Sweet Potatoes 1/2c Italian Salad 1c Fruit Juice 4oz	Chicken Nachos & Sour Cream Salsa Dunk Cup PBJ & Cheese Stick Corn 1/2c Refried Beans 1/2c Lettuce/Tomato 1c Fresh Fruit 1 ea	Fish 'n' Fries - Roll Grilled Cheese & Yogurt Green Beans 1/2c French Fries 1/2c Fancy Greens Salad 1c Ranch 1oz Mandarin Oranges 1/2c
8	9	10	11	12
French Toast Sticks & Syrup Cereal with Grahams Cereal & Cereal Fruit Juice 4oz Banana 1 ea 	Mini Pancakes & Syrup Cereal with Grahams Cereal & Cereal Fruit Juice 4oz Tropical Fruit 1/2c	Ham Biscuit Cereal with Grahams Cereal & Cereal Fresh Fruit 1 ea Pears 1/2c	Dutch Waffle Cereal with Grahams Cereal & Cereal Fresh Fruit 1ea Spiced Apples 1/2c	Chicken Biscuit Cereal with Grahams Cereal & Cereal Fruit Juice 4oz Strawberries 1/2c
Chicken Nuggets (5) and 1oz Roll Grilled Cheese & Yogurt Green Beans 1/2c Whipped Potatoes 1/2c Collard Greens 1/2c Peaches 1/2c	Stuffed Mozzarella Breadsticks Marinara Dunk Cup PBJ & Popchips Corn on the cob 1/2c Zesty Spinach & Kale 1/2c Farmer's Garden Salad 1c Ranch 1oz Fruit Juice Slushy	Corndog Grilled Cheese & Yogurt Coleslaw 1/2c Baked Beans 1/2c Carrot sticks 1/2c Crispy Romaine Salad 1c Ranch 1oz Applesauce 1/2c	Pepperoni Pizza PBJ & Cheese Stick Steamed Broccoli 1/2c Corn 1/2c Tossed Salad 1c Italian 1oz Fresh Fruit 1ea	Chicken Drumstick – 1oz Roll Cheese Plate* Green Beans 1/2c Whipped Potatoes 1/2c Spinach & Arugula Salad 1c Ranch 1oz Pineapple Tidbits 1/2c Whole grain dessert
15	16	17	18	19 Lunch-to-Go
Pancake 'n' Sausage on a Stick with Syrup Cereal with Grahams Cereal & Cereal Fruit Juice 4oz Banana 1 ea	Mini French Toast Cereal with Grahams Cereal & Cereal Fruit Juice 4oz Fruit Cocktail 1/2c	Chicken Biscuit Cereal with Grahams Cereal & Cereal Fruit Juice 4oz Pears 1/2c	Manager's Choice Breakfast Cereal with Grahams Cereal & Cereal Fruit Juice 4oz Sliced Apples 1/2c	Poptart and Cheese Stick Cereal with Grahams Cereal & Cereal Fruit Juice 4oz Chilled Fruit 1/2c
Asian Chicken Nuggets Cheese Plate* Cheesy Broccoli 1/2c Carrot Sticks 1/2c Veggie Juice Chilled Fruit 1/2c	Cheeseburger PBJ & Cheese Stick Carrots 1/2c French Fries 1/2c Veggie Juice Chilled Fruit 1/2c	Hotdog and Cheese Puffs Grilled Cheese & Yogurt Coleslaw 1/2c Baked Beans 1/2c Veggie Juice Chilled Fruit 1/2c	Cheese Pizza Manager's Choice Steamed Broccoli 1/2c Corn 1/2c Veggie Juice Chilled Fruit 1/2c	PBJ w/ Cheese Stick Soy Butter & Jelly w/ Cheese Stick Includes: Salsa Dunk Cup Tortilla Chips Veggie Juice 4oz Apple Sauce 1/2c Scooby Doo Gummies

Sack lunches are for field trips only. They include a peanut butter and jelly sandwich, grain item, fruit, vegetable, and milk. If your child has a peanut allergy, we have a soy butter sandwich available upon request. Let your child's teacher know to request the soy butter sandwich (peanut free, but contains milk, wheat, and soy). Grab and go breakfast jumpstarts are available regularly as an alternative breakfast to be eaten in the classroom. It contains cereal, graham crackers, and juice. Milk and fruit are available.

This institution is an equal opportunity provider.

*Cheese Plate contains RF cheese cubes, soft pretzel, soy butter, crackers & apple slices.