

# GAINESVILLE CITY ELEMENTARY MENU

## AUGUST 2018

Adult Breakfast: \$2.00  
 Adult Lunch: \$3.50  
 All Students Eat at No Cost  
 Extra milk is \$0.35

Assorted fat-free or low-fat milk is offered at breakfast & lunch.

\*Menu subject to change due to market conditions, delivery, food availability, & school activities

Monday	Tuesday	Wednesday	Thursday	Friday
		<b>8</b>	<b>9</b>	<b>10</b>
		Cereal Bar & Cheese Cubes Cereal Choices Fresh Fruit 1ea Pears 1/2c	Chicken Biscuit Cereal Choices Fresh Fruit 1 ea Tropical Fruit 1/2c	Mini Waffles <i>with Syrup</i> Cereal Choices Fresh Fruit 1ea Fruit Juice 4oz
		Cheese Pizza PBJ & Chips Parmesan Broccoli 1/2c Corn 1/2c Italian Salad 1c Sliced Cucumbers 1/2c Mandarin Oranges 1/2c	Hamburger Grilled Cheese & Yogurt Baked Beans 1/2c Jumbo Tots 2ea Butter Lettuce Salad 1c Balsamic 1oz Fresh Fruit 1 ea	Chicken Nuggets (5) <i>with 1oz Roll</i> Grilled Cheese & Yogurt Steamed Squash 1/2c Whipped Potatoes 1/2c Carrot Sticks 1/2c Garden Salad 1c Ranch 1oz Applesauce Cup
<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>	<b>17</b>
Breakfast Bun Cereal Choices Fruit Juice 4oz Banana 1 ea	Mini Pancakes <i>with Syrup</i> Cereal Choices Fresh Fruit 1 ea Fruit Cocktail 1/2c	Chicken Biscuit Cereal Choices Fruit Juice 4oz Pears 1/2c	Cinnamon Roll Cereal Choices Fresh Fruit 1ea Sliced Apples 1/2c	Bacon, Egg, & Cheese Stuffed Breadstick Cereal Choices Fruit Juice 4oz Strawberries 1/2c
Asian Chicken Nuggets Grilled Cheese & Yogurt Mixed Veggies 1/2c Carrots or Celery 1 bag Oriental Salad 1c Mandarin Oranges 1/2c	Pepperoni Pizza PBJ & Cheese Stick Parmesan Broccoli 1/2c Corn 1/2c Carrot Sticks 1/2c Italian Salad 1c Pineapple 1/2c	Spaghetti & Meat Sauce Garlic Bread Munchable Green Beans 1/2c Whipped Potatoes 1/2c Garden Salad 1c Ranch 1oz Peaches 1/2c	Crunchy Chicken Taco PBJ & Cheese Stick <i>Sour Cream &amp; Salsa</i> Corn 1/2c Ranchero Beans 1/2c Carrot Sticks 1/2c Lettuce & Tomato 1c Fruit Juice 4oz	Corndog Grilled Cheese & Yogurt Baked Beans 1/2c Tater Tots 8ea Fancy Greens Salad 1c Ranch 1oz Fresh Fruit 1 ea Whole Grain Dessert
<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b>
Poptart & Cheese Stick Cereal Choices Fruit Juice 4oz Banana 1 ea	Chicken Biscuit Cereal Choices Fresh Fruit 1 ea Tropical Fruit 1/2c	Mini Waffles <i>with Syrup</i> Cereal Choices Fruit Juice 4oz Pears 1/2c	Ham Biscuit Cereal Choices Fresh Fruit 1ea Pineapple 1/2c	Dutch Waffle Cereal Choices Spiced Apples 2/3c Fruit Juice 4oz
Chicken Nuggets (5) <i>with 1oz Roll</i> Grilled Cheese & Yogurt Green Peas 1/2c Carrot Sticks 1/2c Whipped Potatoes 1/2c Garden Salad 1c Ranch 1oz Applesauce Cup	Mozzarella Breadsticks PBJ & Chips Marinara Dunk Cup Steamed Squash 1/2c Cheesy Broccoli 1/2c Italian Salad 1c Mandarin Oranges 1/2c	Breaded Drumstick <i>with 1oz Roll</i> Munchable Green Beans 1/2c Sweet Potatoes 1/2c Super Spinach Salad 1c Ranch 1oz Peaches 1/2c	Chicken Nachos PBJ & Cheese Stick <i>Sour Cream &amp; Salsa</i> Corn 1/2c Pinto Beans 1/2c Carrot Sticks 1/2c Lettuce & Tomato 1c Fruit Juice 4oz	Cheeseburger Grilled Cheese & Yogurt Baked Beans 1/2c Oven Fries 1/2c Butter Lettuce Salad 1c Balsamic 1oz Fresh Fruit 1 ea Whole Grain Dessert
<b>27</b>	<b>28</b>	<b>29</b>	<b>30</b>	<b>31</b>
Muffin & Yogurt Cereal Choices Fruit Juice 4oz Banana 1 ea	Pancake-Sausage Stick <i>with Syrup</i> Cereal Choices Fresh Fruit 1 ea Fruit Cocktail 1/2c	Chicken Biscuit Cereal Choices Fruit Juice 4oz Pears 1/2c	Mini Bagels Cereal Choices Fresh Fruit 1 ea Sliced Apples 1/2c	Breakfast Pizza Cereal Choices Fruit Juice 4oz Strawberries 1/2c
Chicken Sandwich Grilled Cheese & Yogurt Potato Smiles 6ea Green Beans 1/2c Carrot Sticks 1/2c Crispy Romaine Salad 1c Ranch 1oz Applesauce Cup	Pepperoni Hot Pocket PBJ & Chips Marinara Dunk Cup Parmesan Broccoli 1/2c Corn 1/2c Carrot Sticks 1/2c Italian Salad 1c Pineapple 1/2c	Beefy Nachos PBJ & Cheese Stick <i>Sour Cream &amp; Salsa</i> Corn 1/2c Refried Beans 1/2c Carrot Sticks 1/2c Lettuce & Tomato 1c Fruit Juice 4oz	Hotdog & Chips Grilled Cheese & Yogurt Coleslaw 1/2c Baked Beans 1/2c Fancy Greens Salad 1c Ranch 1oz Fresh Fruit 1 ea	PBJ & Cheese Stick OR Soybutter Sandwich & Cheese Stick <b>Includes:</b> Carrots 1/2c Veggie Juice 4oz Fruit Cup 1/2c Whole Grain Dessert

This institution is an equal opportunity provider.

\*Munchable contains RF cheese cubes, sunflower seeds, crackers, & munchie mix



Sack lunches are for field trips only. They include a peanut butter and jelly sandwich, grain item, fruit, vegetable, and milk. If your child has a peanut allergy, we have a soy butter sandwich available upon request. Let your child's teacher know to request the soy butter sandwich (peanut free, but contains milk, wheat, and soy). Grab and go breakfast jumpstarts are available regularly as an alternative breakfast to be eaten in the classroom. It contains cereal, graham crackers, and juice. Milk and fruit are available.

